

2/01/2021

Amateur Radio

Foundation Licence Training

Conducted by the Eastern and Mountain District Radio Club (EMDRC)

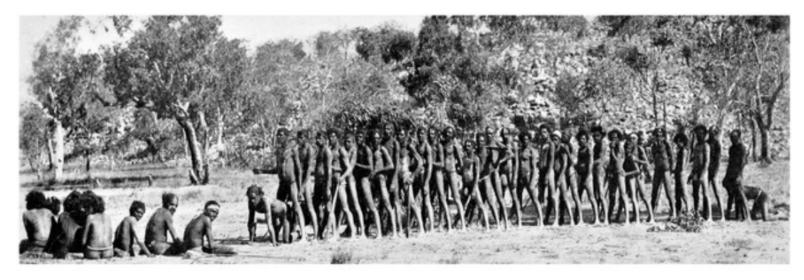
Author: Peter Hartfield VK3PH - Version: 4-2022

Introductions

- Round table (brief)
 - ► What is your name?
 - ▶ What you do for a job?
 - Why are you interested in amateur radio?
 - What is your favorite holiday destination?

Acknowledgement of Traditional Owners

We acknowledge the Traditional Owners of the land on which we are meeting today. We pay our respects to their Elders, past, present and emerging, and the Aboriginal Elders of other communities who may be here today.



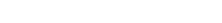
COVID-19 Safety Requirements

- Now that restrictions have eased
 - Please obey signs placed about the building
 - Adhere to social distancing rules
 - Keep your belongings on or under your allocated table
 - Use the hand sanitiser provided
 - Do not share food or drinks



Syllabus

- 1. Nature of Amateur Radio
- 2. Licence Conditions
- 3. Technical Basics
- ► 4. Transmitters and Receivers
- 5. Transmission Lines and Antennas
- 6. Propagation
- 7. Interference
- 8. Operating Practices and Procedures
 9. Safety





Study Documents

- To study for the Foundation Licence you should have a copy of the following documents:
 - Foundation Licence Syllabus <u>https://www.amc.edu.au/__data/assets/pdf_file/0013/1221610/Fou</u> <u>ndation-Syllabus-update-12-Oct-2020-FINAL.pdf</u>
 - Foundation Licence Conditions Determination (LCD) <u>https://www.legislation.gov.au/Details/F2020C00376</u>
 - The Foundation Licence Manual (Third Edition) <u>http://www.wia.org.au/members/bookshop/page_data.php?id=113</u>
- Assessments are conducted by independent assessors that have been approved by the Australian Maritime College (AMC) <u>http://www.amc.edu.au/industry/amateur-radio/assessors</u>

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Examination

- Contains 25 multiple choice questions consisting of both theory and regulations
- Allows up to 30 minutes for completion
- You must correctly answer at least 18 out of 25 questions to pass (70%)
- Followed by a practical session of about 30 to 40 minutes
- All sections of the practical must be completed (i.e. 100% to pass)
- Practical requires hands-on activities interacting with the assessor





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Section 1

The Nature of Amateur Radio

Author: Peter Hartfield VK3PH - Version: 3-2021

1. The Nature of Amateur Radio

The Nature of Amateur Radio

- Amateur radio is intended to facilitate hobby radiocommunications.
- Types of licences
 - Amateur radio activities are authorised under an amateur licence. Other forms of licences authorise types of radiocommunications such as Citizens Band (CB), Land mobile, Point to Point Links and Broadcasting.
 - The Amateur Service operates on frequency bands allocated for Amateur use. The Amateur Service shares some frequency bands with other services.

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1. The Nature of Amateur Radio

- Allocation of frequency bands
 - Services such as the broadcasting, aeronautical and maritime services are allocated frequency bands appropriate to their purpose

Amateur Radio Band Plans

http://www.wia.org.au/members /bandplans/data/

40 metre band – All licence classes

7.300

7.074

7.080

7.300

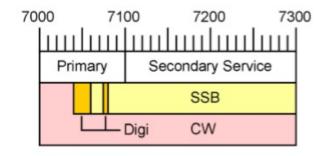
7.040

7.060

7.074

7.080

7.110



CW	
Digital data modes	(Note 1)
SSB (shared with international digimode activity) WICEN frequency (interim)	(Note 2)
Digital data modes	(Note 1)
SSB	(Note 2)
IARU Region III emergency centre frequency	

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1. The Nature of Amateur Radio

- The following is a typical question you may be asked in the foundation licence theory exam:
 - > A Radio Amateur's Licence allows the amateur to operate on the:
 - ► A). Marine Band
 - ► B). Broadcast Band
 - C). Amateur Band
 - ▶ D). Aeronautical Band



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Section 2

Licence Conditions

Author: Peter Hartfield VK3PH - Version: 3-2021

- Operation under a Foundation Amateur Licence is subject to conditions in the:
 - Radiocommunications Act 1992, <u>https://www.legislation.gov.au/Details/C2019C00262</u>
 - Radiocommunications Regulations 1993, <u>https://www.legislation.gov.au/Details/F2019C00711</u>
 - Radiocommunications Licence Conditions (Amateur Licence) Determination 2015 (as amended from time to time) and <u>https://www.legislation.gov.au/Details/F2020C00376</u>
 - Part 6 Conditions for amateur licence (amateur foundation station)
 - Radiocommunications Licence Conditions (Apparatus Licence) Determination 2015

https://www.legislation.gov.au/Details/F2019C00870

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- An Amateur Licence primarily authorises the operation of an Amateur station
 - for self-training in radiocommunications,
 - intercommunications between Amateurs and
 - technical investigations into radiocommunications.
- An Amateur Licence only authorises Amateur-to-Amateur communications
 - except in relation to a distress or emergency situation,
 - or where authorised by an Inspector

- Messages may be passed on behalf of third parties as long as they do not relate to the business or financial affairs of any person.
 - This also applies to sending of third party messages via amateurs in other countries unless the foreign government has given notice of its objection to such messages.
- Radio Amateurs are permitted to send "third party" messages to other amateurs in Australia on behalf of a third person provided it is not for gain, commercial purpose an advertisement or entertainment or relate to the business or financial affairs of any person.
- Australian amateurs are permitted to send third party messages via amateurs in other countries unless the foreign government has given notice of its objection to such messages.

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Distress and Urgency Signals

- Distress communications are signalled by the use of "Mayday" and these communications have priority over all other communications
- Persons hearing a "Mayday" communication are responsible for passing the information on to an appropriate authority
- Some urgent situations not warranting the use of "Mayday" are signalled by the use of "Pan Pan"
- These communications should receive priority and should be reported to an appropriate authority

Station identification

- Correct station identification is required at the beginning of a transmission, or series of transmissions, and
- At least every 10 minutes during a series of transmissions
- Any transmission, even a test transmission, must contain station identification

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Amateur callsigns

- Commence with the prefix VK in Australia
- ► Followed by a state identifier (0-9)
- Followed by 2, 3 letters depending on the licence grade:

Licence class	Callsign Format (Note 1)
Advanced	VK\$aa,
	∨J\$a, ∨K\$a, ∨L\$a (Note 2)
	VK\$GGA-GGZ (Guides Aust),
	VK\$SAA-SDZ (Scouts Assoc.)
Advanced	VK\$aaa-VK\$zzz (Note 3)
Standard	
Foundation	
Repeater	VK\$Raa-VK\$Rzz
Beacon	(no change)



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Encoded messages

- Transmission of messages that are encoded for the purpose of obscuring their meaning is not permitted except for the purposes specified in the Amateur LCD
- Entertainment and financial gain
 - ▶ The transmission of any form of entertainment is not permitted
 - An amateur station cannot be used for financial gain
- Authorised frequency bands and emissions
 - The Foundation Amateur Licence authorises operation on certain frequency bands and the use of certain emission modes
 - Recall what document the bands and modes are specified



Permitted power output

The Foundation Amateur Licence restricts the transmitter output power to a maximum of 10 watts



- Notification of change of address
 - It is a requirement of the licence to notify the Australian Communications and Media Authority (ACMA) of any change of address
- Harmful interference
 - A licensee must not operate an Amateur station if operation causes harmful interference to radiocommunications
- Inspection of Amateur licences
 - Inspectors have the right to require an Amateur to produce his/her licence
- Restriction of operation to avoid interference
 - In order to avoid interference the ACMA has the right to restrict the operation of an Amateur Station



The bands that radio amateurs are allocated are:

- ► A). To make use of manufactured radio equipment
- ▶ B). To allow use of the bands independent of the sun spot cycle
- C). To minimize the likelihood of interference to other services
- ► D). Totally eliminate interference

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- A Foundation Licence holder may allow other persons operate their station if the person:
 - ► A). Is another licenced amateur
 - ▶ B). Is an Australian citizen
 - C). Has a Commonwealth passport
 - ► D). Is a member of the same family



An amateur with a call sign VK4NSW would indicate:

- ► A). A Queensland amateur
- ▶ B). A Victorian amateur with a full call licence
- C). A Queensland amateur with a standard licence
- > D). A Queensland amateur with a foundation licence

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What authorises amateur radio activities in Australia:

- ► A). The LCD
- ▶ B). The WIA
- C). Certificate 3 in Electrotechnology
- ► D). An amateur licence



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- While listening to a frequency not in the amateur band you hear a mayday call. You must:
 - ► A). Tune to another frequency
 - ► B). Contact an advanced amateur
 - ► C). Report and provide assistance
 - D). Advise the person to change to an amateur frequency

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Who can require you to produce your amateur licence:

- ► A). State police
- ► B). WIA
- ► C). ACMA Radio Inspectors
- ► D). A person receiving interference



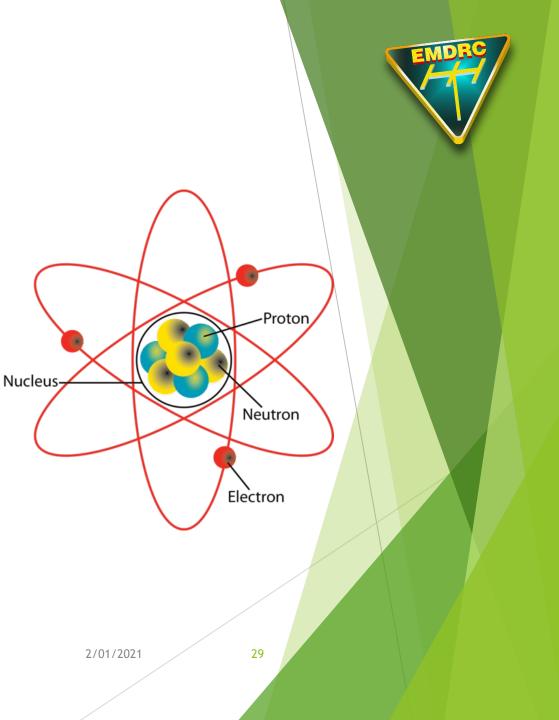
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Section 3

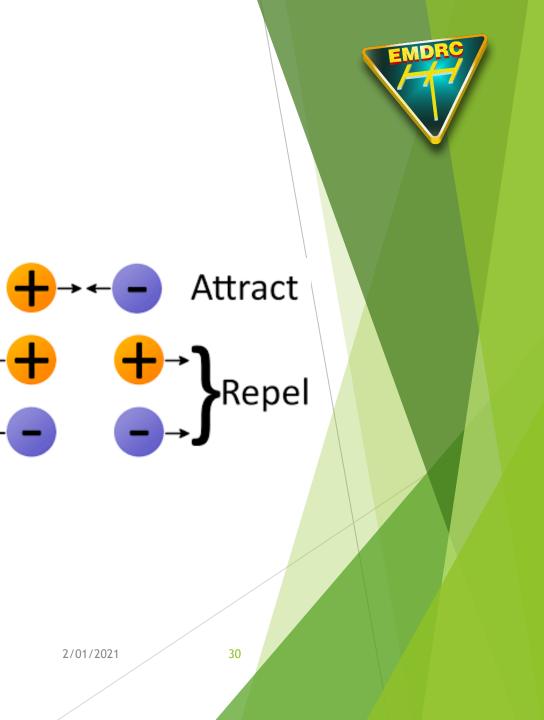
Technical Basics

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- The universe is made up of matter.
- All matter is made of atoms.
- Atoms are made up of electrically charged particles called protons and electrons.
 - These charged particles give rise to electricity as we understand it, and apply in today's electronic applications including Amateur Radio.
 - Atoms are always seeking to become discharged.
 - Electrons move when a force is applied.
 - Electrons are negative.
 - Protons are positive.



- Static electricity is produced by moving electrons from one place to another by applying a force.
- We often see or feel the result of static electricity such as:
 - The slight electric shock when we cross a carpet or get out of a car
 - Lightning
- When two bodies are charged to different potentials there is an electric potential between the bodies
 - Like charges repel
 - Unlike charges attract



Conductors

- Metal wires that join circuits are conductors
- Most metals are good conductors in particular aluminium and copper
- A small amount of electrical pressure (voltage) can make electrons move along a conductor
- Insulators
 - Insulators do not allow electric current to pass easily
 - Insulators are plastics, dry wood, ceramic, porcelain, glass etc
 - Very large electrical pressure (very high voltage) must be applied to move electrons in insulators
 - These voltages usually damage the insulating material



The meaning of Current, its units and abbreviation

- An electric current is an ordered movement of electrons from the negative terminal to the positive terminal of an electricity source, such as a battery.
 - The basic unit for electric current (I) is the ampere (A) commonly shortened to amp
- ▶ The meaning of Voltage, its units and abbreviation
 - A battery produces an abundance of electrons from a chemical reaction which forces the current to flow in a circuit. This is called the Electric Potential Difference, or Electromotive Force (EMF).
 - The basic unit for EMF (E) is the volt (V) commonly referred to as Voltage



The meaning of Resistance, its units and abbreviation

- The amount of electrons that can move down a wire is dependent on how thick the wire is and how long it is.
 - The thicker the wire the lower the resistance to the electrons.
 - ▶ The longer the wire the higher the resistance to the electrons.
- If the electrical pressure is increased more electrons can be made to flow along a given conductor. Resistance is the opposition to current flow.
 - \blacktriangleright The basic unit for Resistance (R) is the ohm ($\Omega)$ the Greek capital letter Omega
- The meaning of Power, its units and abbreviation
 - Power is the rate at which energy is changed from one form to another or work is done.
 - ► The basic unit of Power (P) is the watt (W)

Table 5 Prefixes for SI units

Prefix	Symbol	Factor	Extended form			
yotta	Y	10 ²⁴	1 000 000 000 000 000 000 000 000			
zetta	Z	10 ²¹	1 000 000 000 000 000 000 000			
exa	E	10 ¹⁸	1 000 000 000 000 000 000			
peta	Р	10 ¹⁵	1 000 000 000 000 000			
tera	Т	10 ¹²	1 000 000 000 000			
giga	G	10 ⁹	1 000 000 000			
mega	М	10 ⁶	1 000 000			
kilo	k	10 ³	1 000			
hecto	h	10 ²	100			
deca ^(a)	da	10 ¹	10			
deci	d	10 ⁻¹	0.1			
centi	С	10 ⁻²	0.01			
milli	m	10 ⁻³	0.001			
micro	μ	10 ⁻⁶	0.000 001			
nano	n	10- ⁹	0.000 000 001			
pico	р	10-12	0.000 000 001			
femto	f	10-15	0.000 000 000 000 001			
atto	а	10-18	0.000 000 000 000 000 000	.000 000 000 000 000 001		
zepto	Z	10 ⁻²¹	0.000 000 000 000 000 000	.000 000 000 000 000 000 001		
yocto	у	10-24	0.000 000 000 000 000 000	000 001		
() (Semating of a	alt 'dales'				

(a) Sometimes spelt 'deka'.

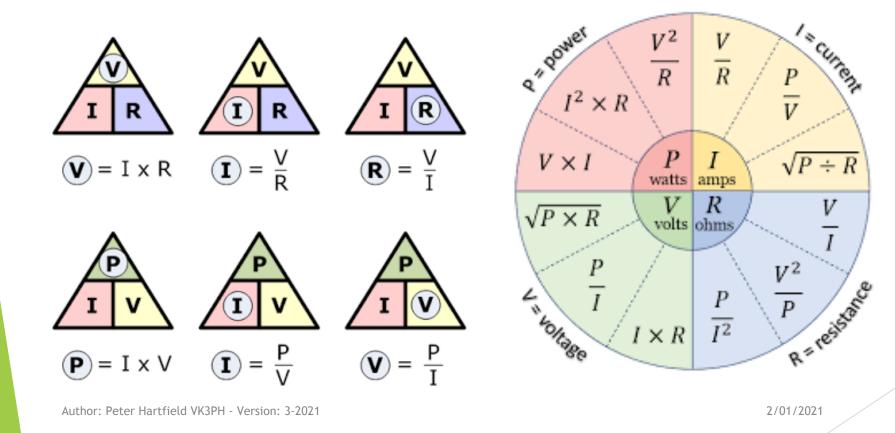
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Examples

- 22 kV = 22,000 V (22 kilo volts, 22 thousand volts)
- 2 mV = 0.002 V (2 milli volts, 2 thousandths of a volt)
- > 22 k Ω = 22,000 Ω (22 kilo ohms, 22 thousand ohms)
- > 1 M Ω = 1,000,000 Ω (1 mega ohm, 1 million ohms)
- 15 mA = 0.015 A (15 milli amps, 15 thousandths of an amp)
- 120 µA = 0.000120 A (120 micro amps, 120 millionths of an amp)

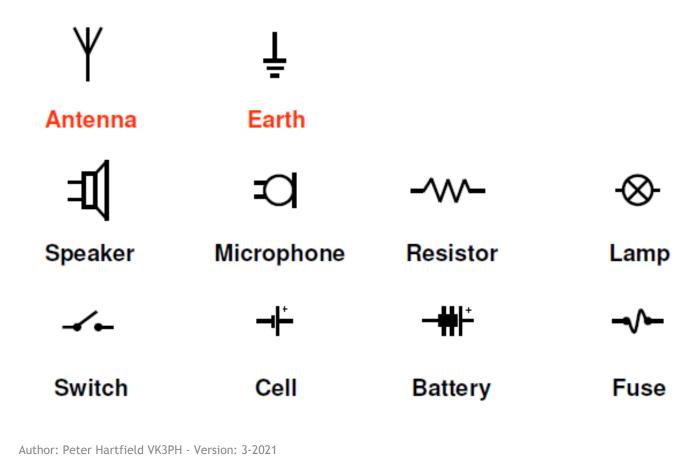
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Simple calculations

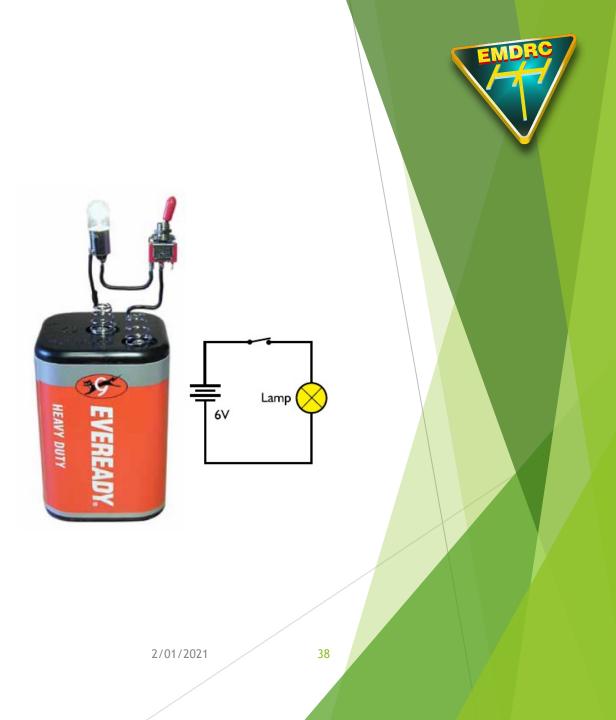




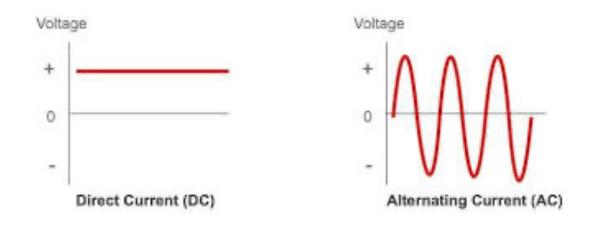
Electrical Symbols



- Sensitive electronic circuits can be damaged by applying an excessive voltage or voltage of wrong polarity, (i.e. positive and negative swapped around).
- Simple Schematic of a torch



- Meaning of DC and AC
 - Direct Current (DC) electrons flow in one direction, direct current comes from a battery.
 - Alternating Current (AC) the electrons flow in one direction stop and then flow in the other direction. Alternating current comes from an alternator and is the type of electricity that is the 230 V mains power.



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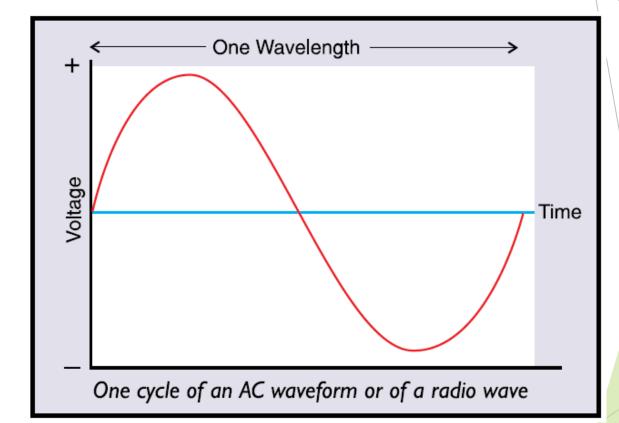


- Frequency (F)
 - Frequency is measured in Hertz abbreviation Hz
 - ▶ Hertz is the number of cycles an Alternating Current (AC) has per second
 - ▶ The 230 volt electricity supply in Australia is 50 Hz
- Audible Frequency (AF)
 - Audible Frequency range 20 Hz to 20 kHz (top end lowers with age)
 - Voice frequency for radiotelephony 300 Hz to 3 kHz
- Radio Frequencies (RF)
 - 300 kHz to 3 MHz Medium frequency (MF)
 - ► 3 MHz to 30 MHz High frequency (HF)
 - ► 30 MHz to 300 MHz Very high frequency (VHF)
 - 300 MHz to 3,000 MHz Ultra high frequency (UHF)



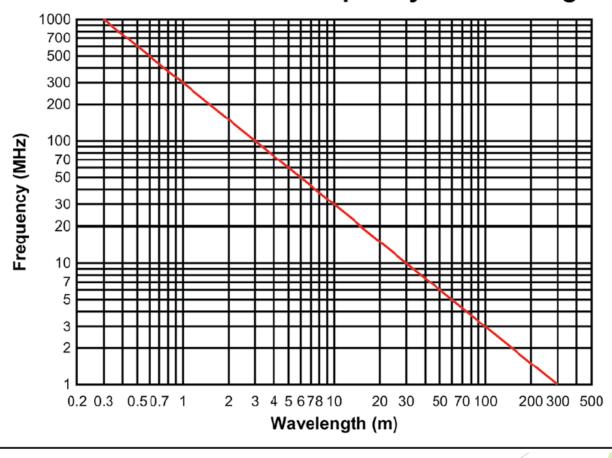
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- The sine wave.
- Sine waves are produced by oscillators.
- Sine waves can be referred to by their:
 - Frequency
 - Period
 - ► Wavelength
 - Cycle



The relationship between frequency and wavelength

Radio waves travel at the speed of light, abbreviation C, which is 300 million metres per second



Conversion chart - frequency to wavelength

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- Electric current is:
 - ► A). The voltage applied to a conductor
 - ▶ B). The opposition offered to electrons in a circuit
 - C). Movement of electrons from negative to positive
 - ▶ D). The rate at which electrical energy is changed to light energy



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- Good conductors are:
 - ► A). Silicon and germanium
 - ▶ B). Glass and porcelain
 - ► C). Wood and Ceramic
 - ► D). Copper and Aluminium



- If 10 volts is applied to a circuit consisting of a resistance of 5 ohms the resultant current will be:
 - ► A). 0.5 A
 - ▶ B). 2 A
 - ► C). 15 A
 - ► D). 20 A



- 1000 volts is often represented as:
 - ► A). 1 mV
 - ▶ B). 1 MV
 - ► C). 1 nV
 - ▶ D). 1 kV





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Section 4

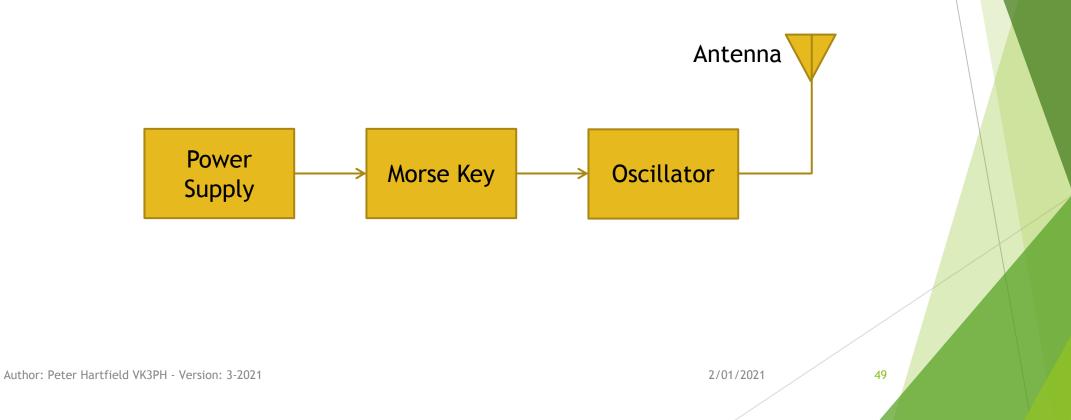
Transmitters and Receivers

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- The basis of the transmitter is the oscillator
 - The oscillator generates radio frequency energy at a specific frequency
 - ► The radio frequency is called the carrier
 - Turning the oscillator on and off with a key allows Morse Code to be sent

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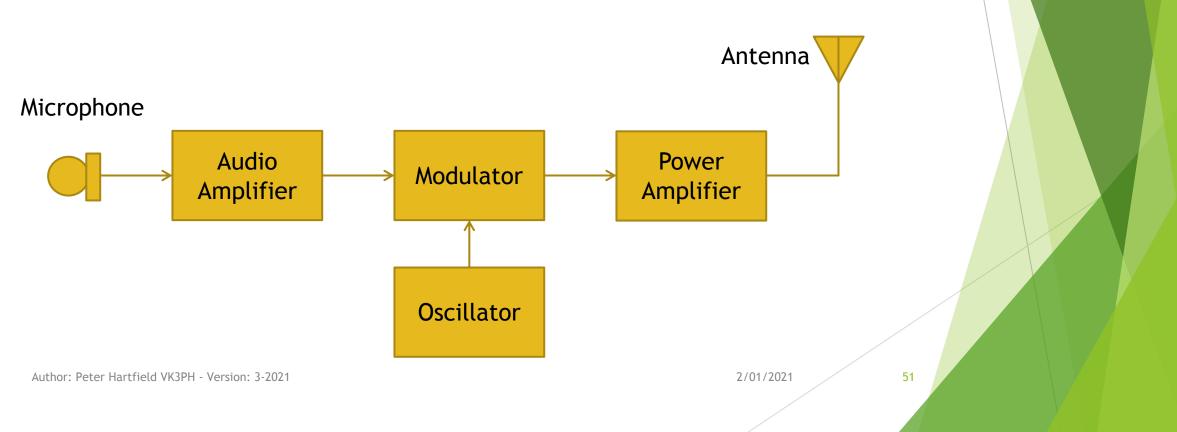
- Block or "concept" diagrams of simple transmitters and receivers
 - Simple Morse code transmitter

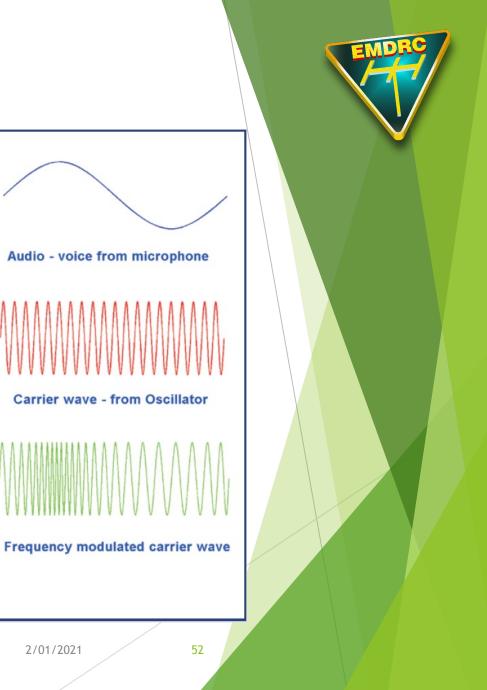


- Block or "concept" diagrams of simple transmitters and receivers
 - Speaker Audio Amplifier Detector RF Amplifier



- Block or "concept" diagrams of simple transmitters and receivers
 - Simple radio transmitter



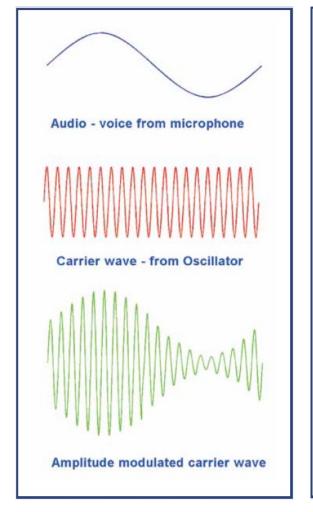


AM

Amplitude Modulation

FM

Frequency Modulation



- Types of Amplitude Modulation
 - Single Sideband (SSB) is a form of amplitude modulation
 - The power transmitted on SSB is dependent of the volume of the operators voice
 - The level of the voice signal fed into the transmitter is controlled by the microphone gain control
- Foundation licence holders are permitted to transmit no more than 10 watts on SSB
 - On SSB the voice peaks (loudest volume) should not cause the transmitter to exceed 10 watts
 - This power is 10 watts peak envelope power (PEP)



- Effects of over modulation
 - With Frequency Modulation (FM) the output power remains constant independent of voice level.
 - A 10 watt FM transmitter will transmit 10 watts at all times
 - The frequency of the carrier changes when voice signals are fed into the transmitter
 - ► The amount of frequency change is called deviation
 - The amount the carrier deviates is dependent on the level (volume) of the voice signal
 - The more deviation the greater the bandwidth required to transmit the signal
 - Either AM or FM carriers that are over modulated may cause distorted output and interference to adjacent frequencies

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Importance of proper transmitter adjustment

- Improper adjustment of a transmitter can cause harmful interference to other radiocommunications users, both inside and outside the frequency bands allocated to Amateurs
- It is a requirement that all components of transmitter emissions must be contained within the radiofrequency bands allocated to Amateurs

Transmitter output matching

- The final power amplifier stage of a transmitter must be connected to a correctly matched transmission line and antenna to avoid possible damage to the transmitter and/or cause interference to other radiocommunication services
- ▶ More on this topic in Section 5 Antennas and Transmission Lines

- Transceiver controls (e.g., IC-7300 next slide)
 - AF (Audio Frequency) also called volume control, adjusts the audio output level
 - RF (Radio Frequency) or receiver gain control, adjusts the receiver gain to decrease the noise received from a nearby strong station
 - Squelch control enables the receiver to cut out the noise when there is no signal present
 - VFO (Variable Frequency Oscillator) is used to change the operating frequency
 - RIT (Receiver Incremental Tuning) is used to adjust the receiver frequency without changing the transmitter frequency to compensate for differences in frequencies of other stations
 - Band switch changes the operating band of the transceiver
 - Carrier control adjusts the carrier frequency in CW mode







Receiver terms

- The receiver is designed to select the required signal, detect the modulation and amplify the voice signal
- The receiver converts the voice signal back to the way it was when spoken
- A simple receiver is the tuned radio frequency receiver
- The circuit that converts the modulated signal back into audio is called a detector
- **FM** detectors are called discriminators



- Sensitivity is the ability of the receiver to receive weak signals
- Selectivity is the ability of the receiver to select between stations that are close together in frequency
- Stability is the ability of the receiver to stay on the same frequency over long periods of time where there are significant changes in temperature

FM stands for:

- ► A). Frequency Modulation
- ► B). Fine Modulation
- ► C). Forced Modulation
- ► D). Flat Modulation



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- The device that generates the carrier in a transmitter is the:
 - ► A). Audio amplifier
 - ► B). Modulator
 - ► C). Power supply
 - ▶ D). Oscillator



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- If a transmitter is over modulated it is likely to:
 - ► A). Get hot
 - ▶ B). Generate FM instead of AM
 - ► C). Generate SSB
 - ► D). Cause interference



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- The ability of a receiver to receive weak signals is called the receivers:
 - ► A). Sensitivity
 - ► B). Selectivity
 - C). Stability
 - D). Super super-heterodyne



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Section 5

Transmission Lines and Antennas

Types of transmission lines





RG213 low loss 50 ohm



ultra low loss 50 ohm

Parallel line (Ladder line)



Coaxial connectors



Testing of transmission lines



Using an ohm meter to do a continuity check on a coaxial cable

Transmission line

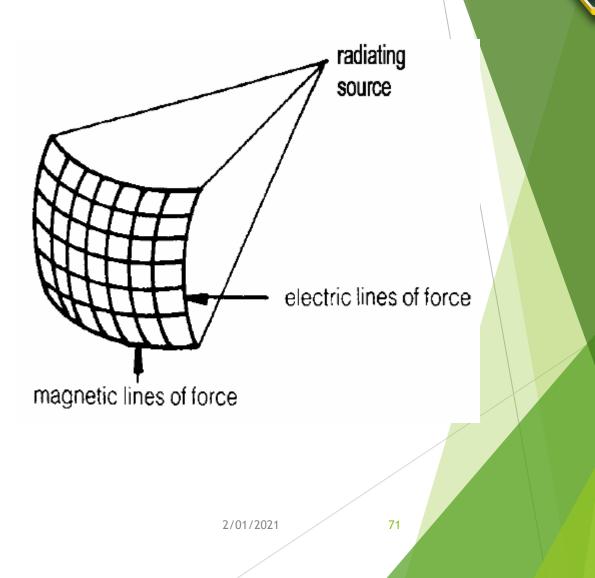
- ▶ The transmission line connects the transmitter to the antenna
- The transmission line is sometimes called a "feeder" because it feeds the radio frequency to the antenna



Antenna purpose

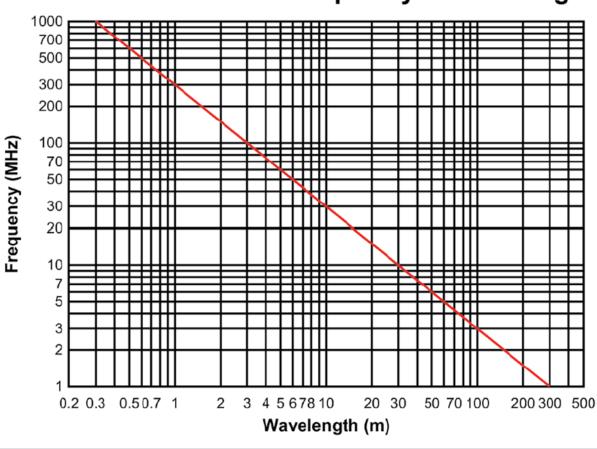
- The size of the antenna is dependent on the frequency to be transmitted
- The antenna (aerial) couples power from the transmitter to the space around the antenna
- The antenna radiates an electromagnetic wave by converting electrical signals to radio waves and vice versa
- The antenna should be resonant at the frequency to be transmitted / received
- ▶ The antenna that radiates well also receives well
- Antenna are affected by their height above ground and proximity to buildings, trees etc

- The electromagnetic wave radiated from an antenna is made up of electric lines of force and magnetic lines of force
- Generally the orientation of the antenna with respect to the ground will indicate the polarisation
- Generally vertical antennas produce vertically polarised signals and horizontal antennas produce horizontally polarised signals
- Transmitter and receiver antenna should be the same polarisation for best results



Recall the relationship between frequency and wavelength

Therefore there is a relationship between the physical length of an antenna and the frequency of operation



Conversion chart - frequency to wavelength

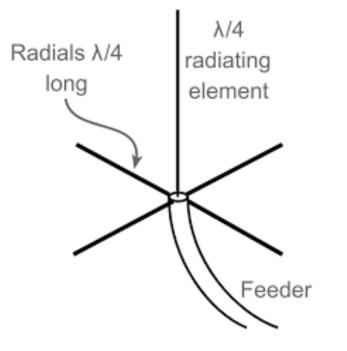
Identification of common antennas (images to follow)

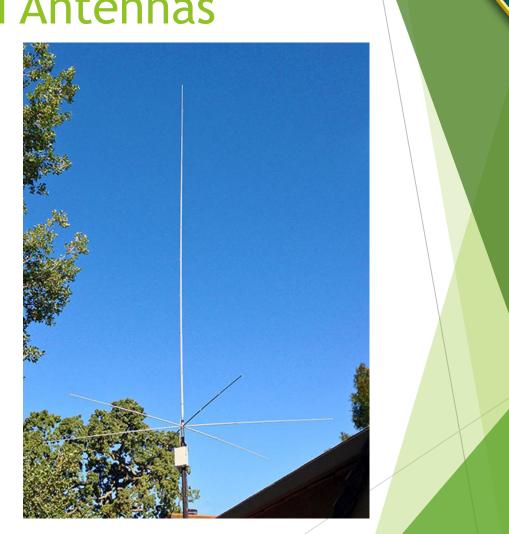
- Vertical antenna with ground plane (radials)
- Centre fed dipole antenna
- ► Yagi antenna
- Folded dipole antenna
- End fed wire antenna



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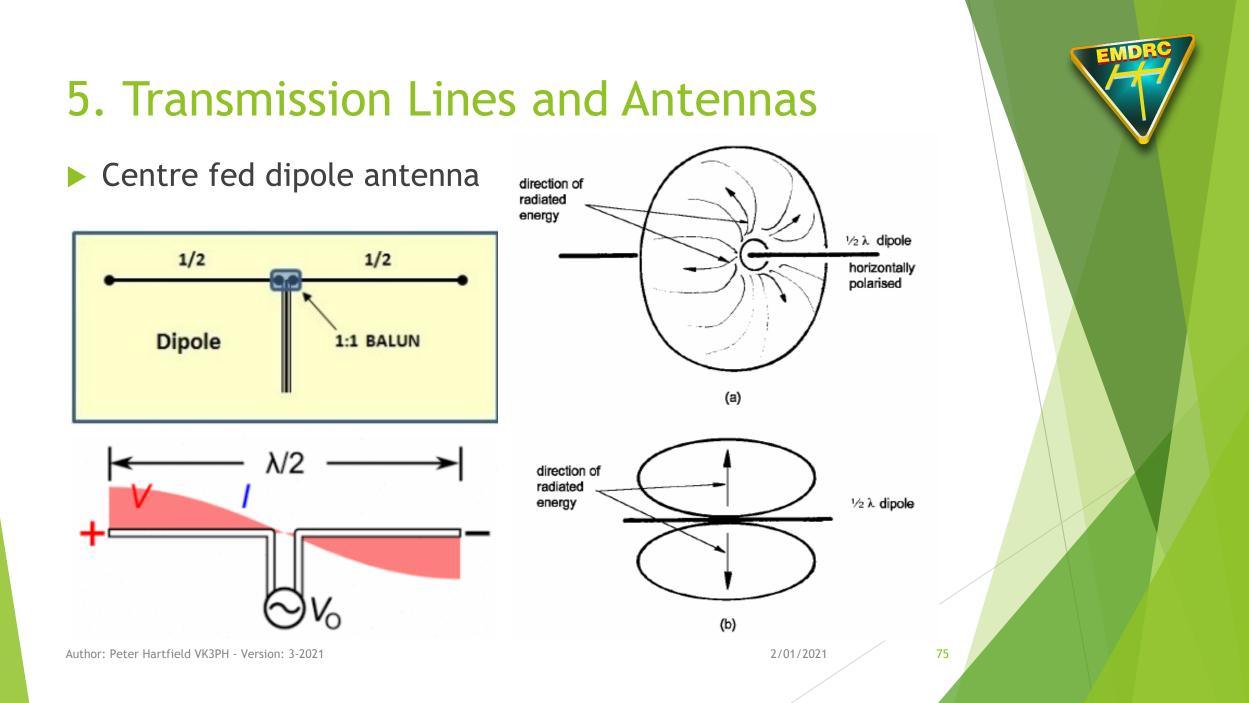
 Vertical antenna with ground plane (radials)





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Effective Radiated Power (ERP)

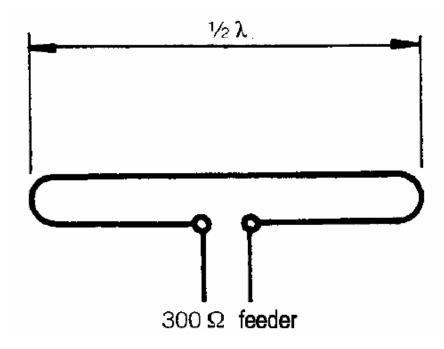
- Antennas such as Yagi's have gain, and are unidirectional. This means the electromagnetic wave is concentrated into one direction.
- The directivity of antennas has a similar effect as using a higher powered transmitter.
- The Effective Radiated Power (ERP) of the transmitting system is increased.
- ► Gain of antennas is measured in decibels (dB)
 - ► Gain is measured relative to a dipole antenna
 - ► A gain of 3 dB results in twice the Effective Radiated Power





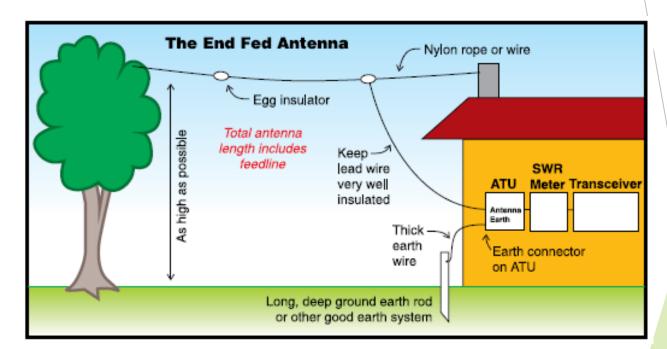
Folded dipole antenna

The image shows a pair of VHF folded dipole antennas





End fed wire antennas are usually fed with open wire transmission line and require an antenna tuning unit to match the antenna to the output of the transmitter.



- The on-air performance of an amateur station can be improved significantly by the correct choice of antenna.
 - Vertical when you need to access a repeater, on a vehicle, limited space etc.
 - Dipole use on HF bands, horizontal, easy to construct etc.
 - Yagi when you need gain (low power), determine direction of signal etc.
 - Folded Dipole often used for VHF / UHF, driven element of a Yagi etc.
 - End Fed Antenna lower HF bands, access to a tuner etc.

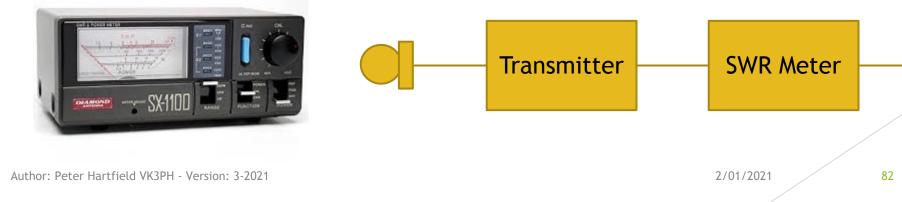


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Antenna matching

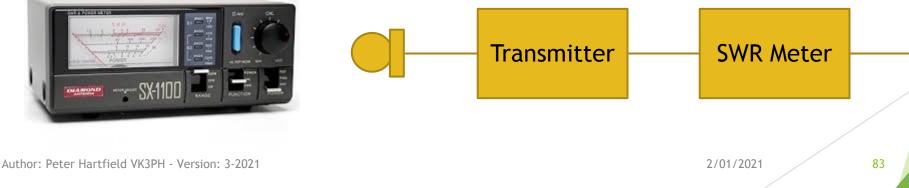
- Antenna impedance is measured in ohms.
- Impedance can be considered AC resistance.
- Most modern transmitting equipment has an output impedance of 50 or 75 ohms.
- The output impedance of the transmitter should be matched (have the same impedance) as the transmission line and the antenna.
- Mismatched transmitter outputs, transmission line and antenna will cause power to be reflected back and forth along the transmission line.
- The reflected wave is called a standing wave.

- Standing Wave Ratio (SWR)
 - A Standing Wave Ratio (SWR) meter is used to measure how well the antenna system is matched.
 - An SWR meter is connected between the output of the transmitter and the antenna
 - The SWR should be checked each time you change frequency
 - Checking the SWR on a transmission line using an SWR meter is a component of the practical for the Foundation Licence



Standing Wave Ratio (SWR)

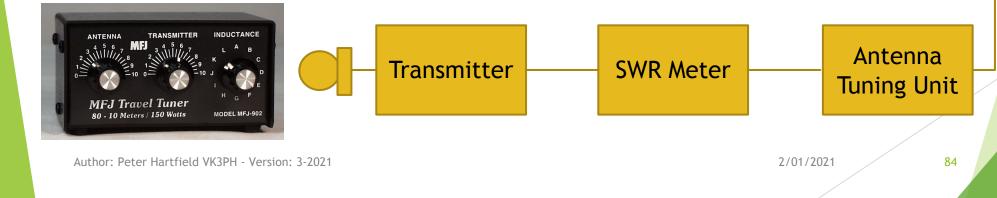
- Checking SWR allows for the adjustment of your antenna to bring the antenna closer to resonance by lengthening or shortening the antenna
- An SWR of more than 2:1 is likely to indicate a fault in the antenna system
- A good SWR on an antenna system is 1.5:1 or less
- An SWR greater than 1.5:1 may indicate the antenna needs tuning or a fault condition is developing





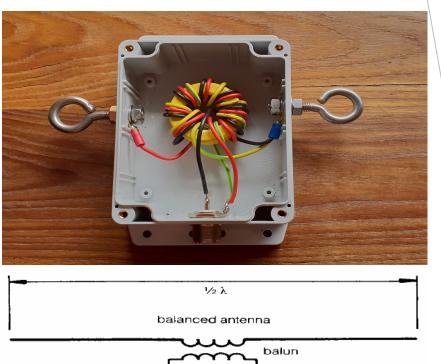
Antenna Tuning Unit (ATU)

- An Antenna Tuning Unit (ATU) sometimes called a TRANSMATCH can be used to provide the correct operating impedance for the transmitter.
- The ATU tunes the antenna system allowing operation on multiple bands using the one antenna.
- Adjusting the ATU is not a requirement for the practical component of the Foundation Licence but knowing its purpose and location between the transmitter output and the antenna is a requirement.



Balun (Balanced to unbalanced)

- The balun is a type of transformer that can connect a balanced antenna to an unbalanced transmission line.
- The balun can also be used to match impedances of transmission lines and antennas.



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transmission unbalanced line

Testing transmitters

- A dummy load is a resistor typically the same output impedance as the transmitter i.e. 50 ohms
- The dummy load allows the transmitter to be tested with minimal radiation i.e. not tested "on air" via the antenna.
- The dummy load also allows the output power of the transmitter to be adjusted.
- The power for SSB is 10 watts PEP. For CW, FM and AM average power is not to exceed 10 watts.
- Some power meters can be very inaccurate. Care must be taken in the selection of a power meter to measure output power.



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► The purpose of an antenna is to:

- ► A). Let people know you are a radio amateur
- ▶ B). Provide a convenient place for birds to land
- C). Allow balanced transmission lines to be used
- > D). Convert electrical signals into radio waves and visa versa.

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- The longer the antenna:
 - ► A). The higher the frequency of operation
 - ▶ B). The lower the frequency of operation
 - ► C). The better the antenna will work
 - ▶ D). The more vertical polarisation will be obtained



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- The reason the antenna and transmission line are matched in impedance to the transmitter output is to:
 - ► A). Increase the SWR
 - ▶ B). Eliminate the use of a dummy load
 - ► C). Keep SWR to a minimum
 - ▶ D). Keep the transmitted power to 10 watts.

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- An antenna with a 3 dB gain operating with at 10 watt transmitter will result in and effective radiated power (ERP) of:
 - A). 3 watts
 - ▶ B). 10 watts
 - ▶ C). 20 watts
 - ▶ D). 30 watts

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Section 6

Propagation

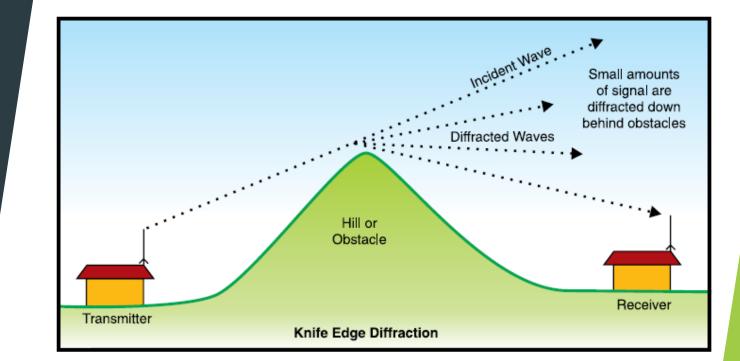
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Propagation basics

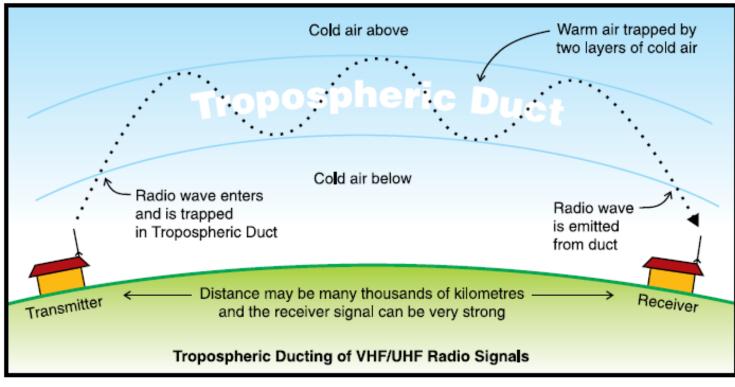
- Radio waves are electromagnetic waves. How these waves travel from the transmitting antenna to the receiving antenna is called propagation.
- Radio waves travel in straight lines although they can be reflected, refracted or diffracted.
- The further the radio wave gets from the transmitting antenna the weaker it becomes.
- Any time a radio wave travels through anything other than "free space" it will travel slower and lose strength.



- Effect of obstacles and structures on VHF and UHF signals
 - VHF, UHF and frequencies above UHF are dependent on an almost clear line of sight path from transmitter to receiver.
 - VHF and UHF are generally obstructed by hills and other large structures.
 - VHF and UHF signals can be bent or diffracted over some obstacles.
 - Temperature changes in the troposphere results in ducts that can cause VHF and UHF signals to be propagated over long distances.



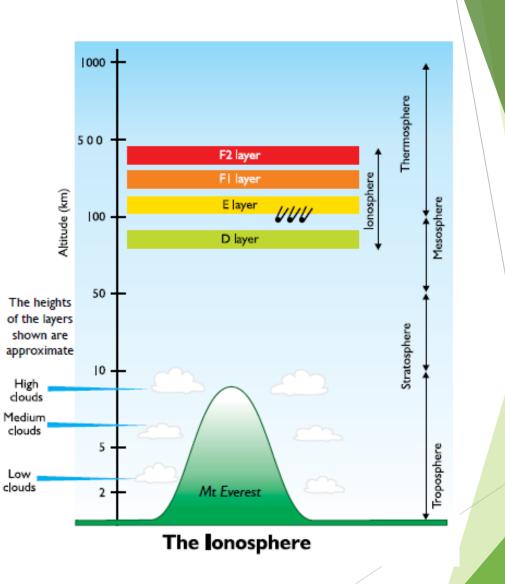
Long distance communications on VHF and UHF



VHF and UHF radio waves can be caught in a tropospheric duct caused by a heat inversion layer in the lower atmosphere, (the troposphere).

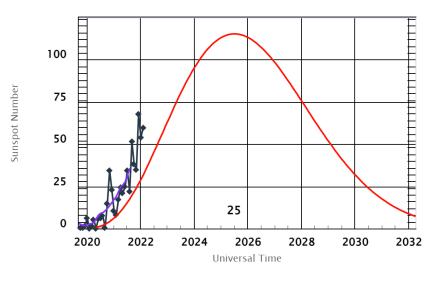
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- ► The Ionosphere
 - The height of the ionospheric layers is approximate
 - The sun ionises or charges the air particles
 - When radio waves hit the ionosphere they can be bent back to earth
 - The bending is dependent on the layer, its density and the frequency of operation



ISES Solar Cycle Sunspot Number Progression

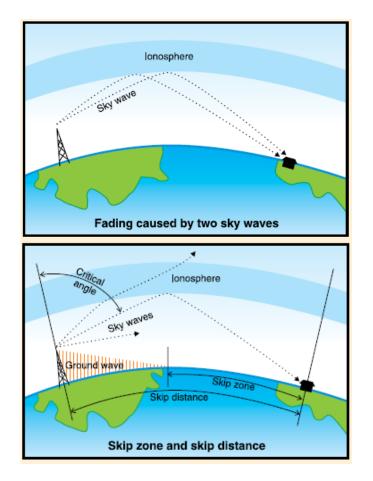
- Factors effecting HF propagation
 - The ionosphere refracts the radio wave
 - The amount of refraction is dependent on:
 - Sun spot activity
 - ► Time of day
 - The season
 - The ionosphere is reliant on ultraviolet radiation from the sun
 - Sunspots are in an 11 year cycle





← Monthly Values — Smoothed Monthly Values — Predicted Values Space Weather Prediction Center

- Ionospheric refraction
 - A signal travelling from the transmitter to the receiver via two paths can cause multipath fading
 - Selective fading occurs when the frequency components that make up the signal are refracted by different amounts

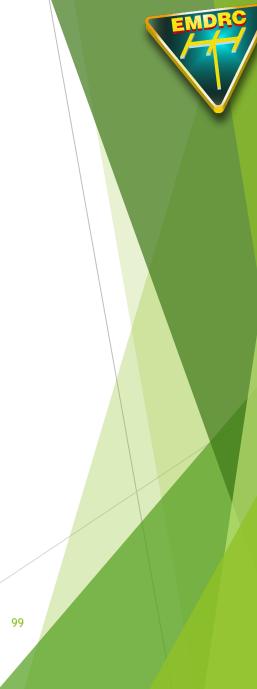


- As a radio wave is radiated from the antenna. As the wave travels further it becomes:
 - ► A). Stronger
 - ► B). Weaker
 - ► C). Ionised
 - ► D). Ducted



Long distance HF propagation is a result of:

- ► A). Ground wave
- ► B). Knife edge diffraction
- ► C). Tropospheric ducting
- ► D). Ionospheric refraction



VHF and UHF signals can be obstructed by:

- ► A). Large obstacles
- ► B). Transmission during night time
- ► C). Strong north winds
- ► D). Transmission over water



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- VHF and UHF long distance communication is possible mainly due to:
 - ► A). Magnetosphere conditions
 - ► B). Atmospheric conditions
 - ► C). F1 or F2 layer ionisation
 - ▶ D). VHF or UHF waves skipping off the upper atmosphere





Section 7

Interference

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- There are many sources of potential RF noise generation that can interfere with broadcast radio and television receivers. These sources of man made noise include:
 - Power tools, Computers, Arc Welders, Power lines etc.
- Interference can be caused to:
 - Telephones mobile and fixed, Television, Radio reception,
 - Audio equipment, Computers, Vehicle electronic equipment, Blasting devices
- There are sources of natural noise that can cause interference such as lightning, electrostatic build build-up etc.

Sources of radio interference

- Amateur stations can cause interference to other radio communication services and television services.
- The cause of the interference from an amateur station is often as a result of incorrect operation of amateur transmitting equipment.
- Potential reasons for interference from an amateur station is:
 - Over modulation excessive microphone gain
 - Incorrectly tuned antennas high SWR
 - Breakthrough on FM or SSB close proximity of transmit antenna to receiving antenna
 - Mains fed interference signals fed by the 230 volt mains supply



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- Interference can generally be resolved by introducing technical solutions, however these can be complex and a qualified person should be sought to resolve these problems.
- Electronic equipment can operate within an electromagnetic field without interference. This is called Electromagnetic Compatibility (EMC) or radio frequency immunity.
- EMC issues are likely to cause neighbourhood disputes. To resolve a dispute:
 - Discuss the problem with the person concerned, obtain dates and times of interference
 - Try and identify the source of interference
 - Understand the need for diplomacy
 - Seek advice and where necessary involve the ACMA



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Interference as a result of EMC issues is dependent on:

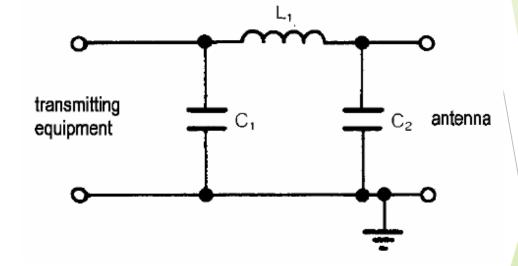
- Transmitted power
- Frequency of operation
- ▶ Type of emission from the transmitter i.e. AM, SSB, FM etc
- Distance the transmitter is from the affected equipment selection and location of antennas can significantly reduce the likelihood of interference.



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Filters

- Filters can be used to reduce the likelihood of interference
- Other filters can be used in the power supply or interconnections between the equipment
- Filters must be fitted as close to the affected device as possible



Low pass filter in the output of a transmitter, or an ATU as a filter

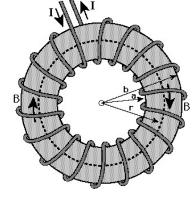
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Simple "choke" filter

- Ferrite rods with wire wound onto them can be used to make effective RF filters
- These filters are sometimes call coils or chokes
- Toroids can also be used as RF filters
 - For the practical you will be required to make an RF filter using a toroid or a ferrite rod
 - The RF is blocked by the filter







EMI suppressor and ferrite rod



Speaker wire wound around ferrite rod

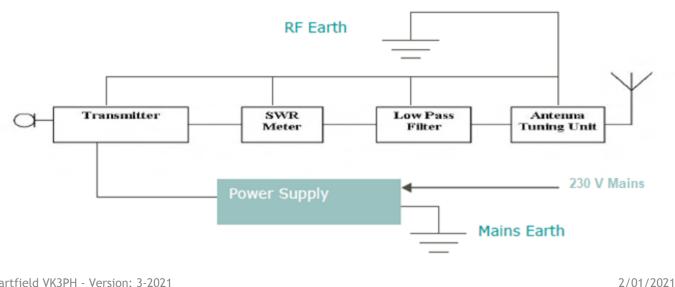


Speaker wire through EMI suppressor



Radio Frequency Earthing

- > An RF earth connection in an amateur station is to provide a path to minimise RF ground currents entering the mains earth system and causing interference
- Note the earth symbol



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Harmful Interference

- Harmful interference is when interference is caused to a licenced radio communication service and may effect navigation beacons, emergency services etc.
- Interference to domestic TV and radio is not considered harmful but is objectionable.
- An amateur station must not cause harmful interference to radio communications including:
 - Other users
 - Other services
- It may be necessary to shut down your station for a time to identify the interference source but this is not mandatory, unless the interference is deemed to be harmful, in which case transmission must cease until the problem is resolved.



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- EMC problems are dependent on four factors; transmitted power, frequency and type of emission the fourth is:
 - ► A). Brand of radio transmitter
 - ▶ B). Weather
 - ► C). Distance from the affected equipment
 - ► D). Sun spot cycle



- Objectionable interference from your amateur station to domestic television reception can vary with:
 - ► A). The zodiac cycle
 - ▶ B). The solar cycle
 - ► C). Weather
 - ▶ D). Mode of operation



Interference to domestic equipment may be reduced by:

- ► A). Changing the transmission mode
- ► B). Overmodulating the transmitter
- C). Reducing your receivers RF gain control
- D). Waiting until after dark to transmit when the D layer has dispersed

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- Your amateur station is causing harmful interference to other radio services, you must:
 - ► A). Stop transmitting until the problem is resolved
 - ▶ B). Transmit during the hours that the affected station if off air
 - C). Contact ACMA and tell them that they have a problem
 - D). Advise the affected station that you have a licence to transmit and they should contact ACMA

- One way interference can be fed into nearby electronic equipment via:
 - ► A). The 230 volt mains
 - ► B). Moist atmosphere
 - C). PVC gas pipes
 - ▶ D). RF chokes wound on toroids



- Interference resulting in EMC problems can be minimised by:
 - ► A). Only using dipoles
 - ► B). Using vertically polarised antennas
 - C). Careful selection and locating of antennas
 - D). Only operating from a base station

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- Interference resulting in EMC problems can be minimised by:
 - ► A). Operating at different times of the day or night
 - B). Reducing power and increasing the distance between the transmitter and affected equipment
 - C). Changing from lower to upper sideband on 80 m
 - D). Reducing power and reducing the distance between the transmitter and the affected equipment



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Section 8

Operating Practices and Procedures



Demonstrate connecting a transmitter/receiver safely to a power supply, microphone, transmission line and antenna



Knowledge of the frequencies and emissions that may be used under a Foundation licence

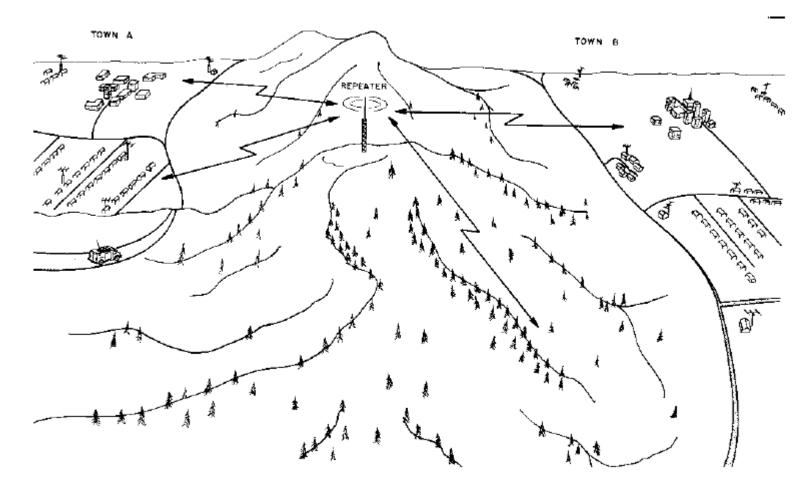
3.500 MHz–3.700 MHz	Amplitude Modulation (AM)
7.000 MHz–7.300 MHz	Single Side Band (SSB)
21.000 MHz–21.450 MHz	Hand Keyed Morse code (CW)
28.000 MHz–29.700 MHz 144.000 MHz–148.000 MHz 430.000 MHz–450.000 MHz	Amplitude Modulation (AM) Single Side Band (SSB) Frequency Modulation (FM) Hand Keyed Morse code (CW)

Requirement not to transmit on frequencies in use

Recall and demonstrate the requirement to listen on a frequency before transmitting to ensure that interference will not be caused to other stations using the frequency.

Operating practices

- CQ CQ CQ this is VK3XXX VK3XXX VK3XXX over
- VK3XXX this is VK3YYY over
- This is VK3XXX listening over
- VK3YYY VK3YYY VK3YYY this is VK3XXX VK3XXX VK3XXX over
- ► This is VK3XXX is this frequency in use over
- VK3YYY this is VK3XXX your signal report is 5 and 9 over
- RST = Readability Strength Tone (CW)
- Signal strengths above 9 are: +10 dB etc.



- Operating through a repeater
 - Explain the use of Continuous Tone Coded Squelch System (CTCSS) to access a repeater
 - This system is designed to reduce annoying signals and will assist in masking co co-channel interference
 - A tone is transmitted each time the press to talk button is pressed that is detected in the receiver and allows the mute (or squelch) to open.
 - The tone is in the 67 to 257 Hz range and often referred to as a subaudible tone

- Operating through a repeater
 - Explain the use of Dual Tone Multiple Frequency (DTMF) access control systems
 - DTMF is used for telephone signalling over a medium such as a telephone line or radio link
 - DTMF is the signal produced by your mobile phone keypad
 - Two voice frequency tones of different frequencies are transmitted simultaneously
 - Often used to switch on or off and control remote equipment.

- Operating through a repeater
 - Explain the need to leave adequate breaks between transmissions
 - Allows other traffic to break in
 - Allows access for emergency traffic

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- Making a "CQ" call and changing to a working frequency
 - Listen for a free frequency (say 145.600 MHz)
 - "This is VK3XXX is this frequency in use over"
 - Change back to the previous operating frequency
 - "VK3YYY this is VK3XXX please QSY to 145.600 over"
 - VK3XXX this is VK3YYY QSY to 145.600 over
 - Change frequency to 145.600 MHz
 - "VK3YYY this is VK3XXX are you on frequency over"
 - VK3XXX this is VK3YYY I hear you load and clear over



Abbreviations

Q Codes

QRA	The name of my station is	QRO
QRG	Your exact frequency (or that of)	QRP
	is kHz.	QRQ
QRH	Your frequency varies.	QRS
QRI	The tone of your transmission is	
	(1 = Good; 2 = Variable 3 = Bad).	QRT
QRK	The intelligibility of your signals is	QRU
	(1 = Bad; 2=Poor;3 = Fair; 4 =Good; 5 = Excellent).	QRV
QRL	l am busy. Please do not interfere.	QRW
QRM	Your transmission is being interfered with (1 = Nil; 2 = Slightly;	QRX
	3 = Moderately; 4 = Severely; 5 = Extremely).	QRZ
QRN	l am troubled by static (1 = Nil; 2 = Slightly; 3 = Moderately; 4 = Severely; 5 = Extremely).	QSA

	Increase power.
	Decrease power.
	Send faster (words per minute).
	Send more slowly (words per minute).
	Stop sending.
	I have nothing for you.
	l am ready.
1	Please inform that I am calling on kHz.
	l will call you again at hours (on kHz).
	Who is calling me?
	The strength of your signals is (1 = Scarcely perceptible; 2 = Weak; 3 = Fairly good; 4 = Good;

5 = Very good).

QSB	Your signals are fading.
QSK	l can hear you between my signals; break in on my transmission.
QSL	I am acknowledging receipt.
QSO	l can communicate with direct (or by relay through).
QSP	I will relay to
QSX	I am listening to on kHz.
QSY	Change to transmission on another frequency (or on kHz).
QSZ	Send each word or group twice
QTC	I have messages for you (or for)
QTH	My location is (QTHR is location as per Callbook).
QTR	The time is

Transmitter measurements





Section 9

Safety

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Dangerous voltages



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The dangers in amateur radio include:

- High voltages
- ► High currents
- Electromagnetic fields
- High sound levels
- Working at heights
- Working with chemicals



Electrical safety - equipment to be approved



- Awareness of State Electricity Authority requirements
 - Approved mains operated appliances in Australia will have a manufacturers label
 - All states have regulations for maintenance of mains operated equipment and the requirements in relation to the qualifications of those who can work on such equipment.
 - https://esv.vic.gov.au/about-esv/legislation-andregulations/legislation-administered-by-esv/



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Electrical Earthing

- The Australian 230 volt mains system has an earth (ground) to protect against electric shock, short circuits and faults.
- The earth wire is usually green / yellow or green in some older installations.
- The protective earth shall never be removed other than by a qualified electrician.
- Power supplies have a protective earth via a standard 3 pin plug.
- Some power supplies such as plug packs are double insulated and the earth pin is not connected.
- Never connect earths to gas pipes.



- Always be Aware of Safety
 - 12 mA of current can kill
 - 230 v mains can provide the voltage and current to electrocute a person
 - Vacuum tube equipment will have high voltages present
 - Always treat the circuit as if it is live
 - Never remove the covers from any equipment
 - Beware of old equipment, it may not be up to current safety standards
 - Look up and live when installing antennas
 - Never remove an earth from a piece of equipment
 - Always replace fuses with exactly the same type and rating of fuse, as per the manufacturers specifications



Fuses

- Fuses are to protect from high currents
- Fuses have a predetermined current melt and open the circuit
- High currents can burn
- Replacement fuses must always be the same type and current rating as per the manufacturers specifications
- Earth leakage breakers are sensitive to fault conditions and will trip
- Most often installed in switchboards



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- Station layout for physical safety
 - The layout of an Amateur station should take account of physical safety issues.
 - Recall that trailing cables are trip hazards and dangerous.
 - Covers should be installed on all operational equipment.
 - Fire extinguishers should be of the appropriate type (i.e. suitable for electrical fires).

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Power lead safety

- Frayed or damaged power leads are dangerous and should be replaced or repaired by an Authorised person.
- Never overload, piggy back or daisy chain power boards.

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Know location and desirability of a Mains OFF switch





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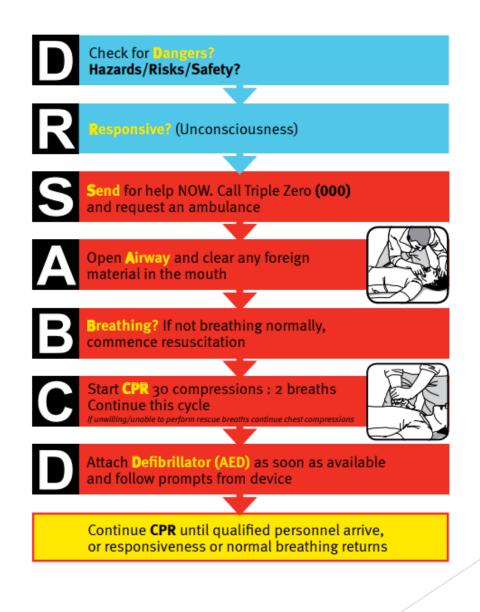
- Actions to be taken in the event of an accident involving electricity
 - Switch off or remove from the power

Electric Shock

A casualty of electric shock must not be touched unless the power has been switched off



Call for help - use of resuscitation techniques



Battery safety

- Some batteries have toxic or corrosive chemicals or produce gases
- Never short circuit a battery
- Never dispose of a battery in a fire
- Use protective fuses with batteries
- Children should not play with batteries

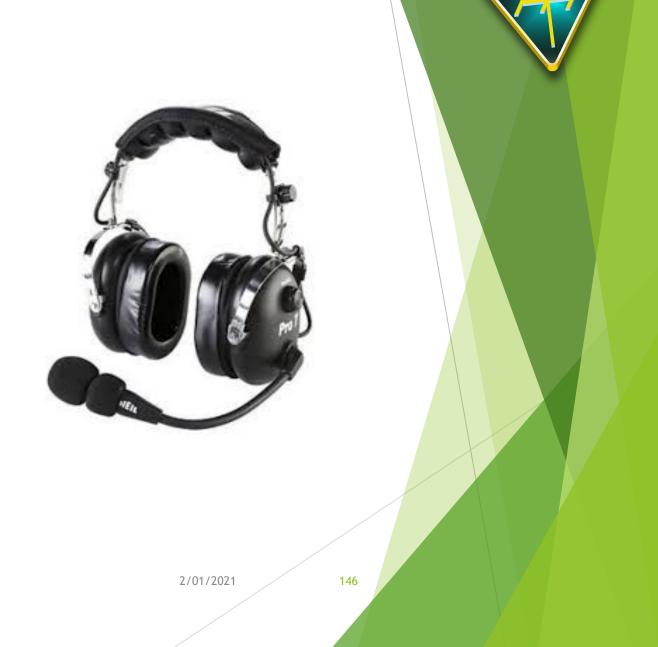


Antennas and safety

- Electromagnetic radiation may be harmful if concentrated into a narrow beam of very high power
- Electromagnetic radiation may burn or heat parts of the human body or organs
- Keep distance between you and electromagnetic radiation

- Antenna erection is potentially dangerous and should be carried out by suitably experienced persons.
- Antennas and their fittings must be suitably located and secured and must never be connected to, or sited close to, mains poles and lines.
- It is good practice to install lightning protection on antennas, disconnect antennas from any radio equipment prior to a thunderstorm and never operate during a thunderstorm.

- Safe use of headphones
 - Excessive volume when wearing headphones can cause damage to human hearing.



Station Security

An operable Amateur station must not be accessible to unauthorised persons



Fuses are placed in circuits to protect against:

- ► A). High currents
- ► B). High voltage
- ► C). High resistance
- ► D). High frequency



- Batteries should be disposed of correctly because of the environmental issues the chemicals in them can cause. Batteries can also:
 - ► A). Produce electromagnetic radiation
 - ► B). Go flat very quickly if unused
 - C). Make loud noises
 - ► D). Explode or emit fumes if punctured



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Protective mains earths:

- ► A). Should be removed during fault finding
- ▶ B). Are not necessary in amateur radio stations
- C). Can only be removed or replaced by qualified persons
- ► D). Are always represented by a purple wire



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- As well as EMR risk when working around functioning antennas another significant danger is:
 - ► A). A person falling while working at heights
 - ► B). Potential high voltages and currents
 - C). Sharp objects that can cause lacerations
 - ▶ D). Ice on antenna elements can make them fall



- High voltages and currents can be present around operating antennas. It is important that:
 - ► A). Earth mats are used at the antenna base
 - ▶ B). All wiring is insulated
 - C). People and animals are kept at a safe distance
 - D). Earth straps are used to conduct lightning away

